And now, Admonition,

I am not a runner. I am not a person who likes running or enjoys running, but the Bible tells me to be pursuing. In First Timothy Chapter six verse 11 Paul says, But you, O man of God, flee these things, the less of the world and pursue righteousness, godliness, faith, love, patience, gentleness. Fight the good fight of faith. If you're a preacher, if you're a teacher, if you're an elder, if you're a deacon, if you're a leader in the Lord's body, may I encourage you? Pursue righteousness, godliness, faith, love, purity, peace, all the days of your life as a man of God.